



“THE BIRTHPLACE OF THE STATE OF NEW YORK”
OFFICE OF THE MAYOR

THOMAS M. ROACH
MAYOR

t: 914.422.1411
f: 914.422.1395

FOR IMMEDIATE RELEASE
February 25, 2012

Contact: Wayne Bass
Commissioner, Recreation &
Parks Department
Tel: (914) 422-1345
wbass@whiteplainsny.gov

WHITE PLAINS COMES TOGETHER FOR “JUMP IN AND SWIM” MONTH

March is “Jump in and Swim” Month in the City of White Plains and Mayor Roach is encouraging all White Plains families to take the plunge! With summer around the corner, there’s no better time to learn how to swim or improve your swimming skills.

“Swimming is a basic life skill,” said Mayor Roach. “This initiative, which we hope to make an annual occurrence, aims to give all residents – young and old – the chance to learn or improve their skills. Knowing how to swim, after all, can save your life.”

Recreation and Parks Commissioner Wayne Bass said, “This is a great collaboration between the primary aquatic facilitators in the City. What a tremendous opportunity for our residents to be able to visit, swim and experience all that each of our programs has to offer for free.”

As part of this city-wide initiative, free swim classes and water-based activities will be offered to residents of all ages throughout the month. Participants in this effort to help children and adults learn basic swim skills and water safety are: White Plains Hospital, White Plains Recreation and Parks Department, White Plains YMCA, YWCA of White Plains, White Plains Youth Bureau and the White Plains City School District.

Each agency has contributed time and resources to making “Jump In and Swim” Month” a wave of opportunity for the residents of White Plains. Some of the activities on tap for the month include:

- A Sibling Swim hosted by the White Plains School District
- Learn to swim activities for participants in the White Plains Youth Bureau After-school Program



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- A Friday Night Family Fun / Open Swim hosted by the White Plains Recreation and Parks Department
- Lifeguard Training Class
- Parent/Toddler Swim hosted by the YWCA of White Plains
- Splash Week - Learn to Swim activities at the White Plains YMCA
- A program-ending Swim Jamboree at the White Plains YMCA

In addition, White Plains Hospital has arranged for every participant to receive a bathing cap free of charge in recognition of this City-wide initiative.

"Being safe in and around the water is key," said Anthony Montalbano, Vice President/Executive Director of the White Plains YMCA. "The Citywide initiative and YMCA Splash Week aims to teach water safety practices and basic swimming skills to both youth and adults."

To see a full listing of all Jump In and Swim Month activities, visit the City website at www.CityofWhitePlains.com.

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